

## Kanako Taku, Ph.D.

Assistant Professor, Department of Psychology  
Oakland University, Rochester, MI 48309-4401

Assistant Professor with a clinical-educator focus, Department of Family Medicine  
Oakland University William Beaumont School of Medicine, Rochester, MI 48309-4401

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### Education

2005 Doctor of Philosophy

Nagoya University, Graduate School of Education and Human Development  
Psychology (Department of Clinical Study for Development)  
Dissertation: Growth as a result of the stressful experiences among Japanese adolescents

1998 Master of Education

Chiba University, Graduate School of Education

School Education Specialty

Thesis: The role of stress coping in adjustment to school and a sense of fulfillment among Japanese adolescents (Unpublished)

1996 Bachelor of Education

Kobe University, Faculty of Human Development (Four-Year Course)

Educational Psychology Course

### Certification

2000 Certified Clinical Psychologist (#8235) by Japanese Certification Board for Clinical Psychologist

1996 Teacher's Certificate for Elementary Education

### Postdoctoral Research

2005-2008 Department of Psychology, University of North Carolina at Charlotte

Research project includes posttraumatic growth (positive psychological changes experienced as the result of the struggle with major life crises or traumatic events) and its relationships with emotional and cognitive processing, comparing Japanese and U.S. populations, by both quantitative and qualitative research methodologies.

## Book

Taku, K. (in press). Kanashimi kara hitoga seicho surutowa [Personal growth from sorrow, written in Japanese]. Kazama Shobo

Taku, K., & Shimizu, K. (2013). Shinteki-gaishogo seicho handbook: Taegatai taiken wa hitono kokoroni dou sayousuruka [Japanese translation of Posttraumatic Growth Handbook. L. G. Calhoun & R. G. Tedeschi. (Eds.), 2006, Handbook of Posttraumatic growth: Research and Practice: Mahwah, NJ. Lawrence Erlbaum Associates], Igaku Shoin, Tokyo, Japan.

Taku, K. (2010). Research on posttraumatic growth: Psychological changes as a result of the stressful experiences among Japanese adolescents (written in Japanese). Kazama Shobo, Tokyo, Japan.

## Book Chapter

Taku, K. (2012). PTG research in the U.S.: From the cross-cultural perspectives (written in Japanese). In T. Kondo (Ed.), *PTG Shinteki gaishogo seicho: Beyond trauma*. (pp.170-182). Kaneko Shobo, Tokyo, Japan.

Taku, K. (2010). Posttraumatic growth in Japan: A path toward better understanding of culture-constant and culture-specific aspects. In R. Berger., & T. Weiss (Eds.), *Posttraumatic growth and culturally competent practice: Lessons learned from around the globe*. (pp. 146-163). Wiley, John & Sons.

## Journal Publications

Taku, K. (in press). Relationships among Perceived Psychological Growth, Resilience and Burnout in Physicians. *Personality and Individual Differences*.

Taku, K., & Cann, A. (in press). Cross-national and religious relationships with posttraumatic growth: The role of individual differences and perceptions of the triggering event. *Journal of Cross-Cultural Psychology*.

Taku, K., Tedeschi, R. G., & Cann, A. (in press). Relationships of posttraumatic growth and stress responses in bereaved young adults. *Journal of Loss and Trauma*.

Taku, K. (2013). Posttraumatic growth in American and Japanese men: Comparing levels of growth and perceptions of indicators of growth. *Psychology of Men and Masculinity*, 14, 423-432.

Taku, K., Kilmer, R. P., Cann, A., Tedeschi, R. G., & Calhoun, L. G. (2012). Exploring posttraumatic growth in Japanese youth. *Psychological Trauma: Theory, Research, Practice, and Policy*, 4, 411-419.

Taku, K. (2011). Commonly-defined and individually-defined posttraumatic growth in the U.S. and Japan. *Personality and Individual Differences*, 51, 188-193.

Cann, A., Calhoun, L. G., Tedeschi, R. G., Taku, K., & Vishnevsky, T. (2010). A short form of the Posttraumatic Growth Inventory. *Anxiety, Stress, & Coping*, 23, 127-137.

Cann, A., Stilwell, K., & Taku, K. (2010). Humor styles, positive personality and health. *Europe's Journal of Psychology*, 3, 213-235.

Taku, K. (2010). Posttraumatic growth in cancer survivors. *Clinical Oncology (Tokyo)*, 5, 211-217.

Kilmer, R. P., Gil-Rivas, V., Tedeschi, R. G., Cann, A., Calhoun, L. G., Buchanan, T., & Taku, K. (2009). Use of the revised Posttraumatic Growth Inventory for Children (PTGI-C-R). *Journal of Traumatic Stress*, 22, 248-253.

Taku, K., Tedeschi, R. G., Cann, A., & Calhoun, L. G. (2009). The culture of disclosure: Effects of perceived reactions to disclosure on posttraumatic growth and distress in Japan. *Journal of Social and Clinical Psychology*, 29, 1226-1243.

Taku, K., Cann, A., Tedeschi, R. G., & Calhoun, L. G. (2009). Intrusive versus deliberate rumination in posttraumatic growth across U.S. and Japanese samples. *Anxiety, Stress, & Coping*, 22, 129-136.

Taku, K., Calhoun, L. G., Cann, A., & Tedeschi, R. G. (2008). The role of rumination in the coexistence of distress and posttraumatic growth among bereaved Japanese university students. *Death Studies*, 32, 428-444.

Taku, K., Cann, A., Calhoun, L. G., & Tedeschi, R. G. (2008). The factor structure of the Posttraumatic Growth Inventory: A comparison of five models using confirmatory factor analysis. *Journal of Traumatic Stress*, 21, 158-164.

Taku, K., Calhoun, L. G., Tedeschi, R. G., Gil-Rivas, V., Kilmer, R. P., & Cann, A. (2007). Examining posttraumatic growth among Japanese university students. *Anxiety, Stress, & Coping*, 20, 353-367.

Taku, K. (2005). The mechanisms at work in self-growth coming from stress experience: Concentrating on making meaning out of stress (Written in Japanese with English abstract). *Journal of Japanese Clinical Psychology*, 23, 161-172.

Taku, K. (2004). "Circulation model focused on the relationships between stress experience and a feeling of self-growth" in high school students: Towards the further understanding of the process of ego development (Written in Japanese with English abstract). *Journal of Japanese Clinical Psychology*, 22, 181-186.

## Other Publications Written in Japanese

Taku, K. (2004). Consultation process with teachers in school counseling: Applied the "Circulation model focused on the relationships between stress experience and a feeling of self-growth." *Bulletin of the Center for Developmental Clinical Psychology and Psychiatry, Nagoya University*, 19, 49-58.

Taku, K. (2002). A theoretical examination of a factor of fostered ego development on adolescence: Suggestion about framework focused on the positive meaning of stress." *Bulletin of the Graduate School of Education and Human Development, Nagoya University*, 49, 169-179.

Taku, K. (2001). Process of a clinical therapy with a 31-year-old woman who came to counseling as a result of her pregnancy. *Bulletin of the Center for Developmental Clinical Psychology and Psychiatry, Nagoya University*, 16, 31-39.

Taku, K., & Hamaguchi, Y. (2001). Complementary effects of stress coping strategy: A comparative study of effects on stress responses and school adaptation. *Bulletin of the Faculty of Education (I: Pedagogy), Chiba University*, 49, 19-28.

Taku, K. (2000). Process of a clinical therapy with a woman who have loss of coordination disorder: What is the meaning of "secret" for her? *Bulletin of the Center for Developmental Clinical Psychology and Psychiatry, Nagoya University*, 15, 45-53.

Shinto, T., Nogami, N., Sumitomo, I., Saito, S., Sato, M., Yoshida, K., Yanagihara, R., Yamamoto, T., Morita, H., Teramura, T., Sakaguchi, Y., Tanaka, T., Masui, R., Matsuda, N., Yamaguchi, M., Ninomiya, N., & Taku, K. (1997). A study on psychological effects of the Great Hanshin-Awaji Earthquake. *Bulletin of the Faculty of Human Development, Kobe University*, 4, 245-259.

## Funded Research Activity

Title: An Evidence-Based Definition of Physician Wellness in Primary Care

Role: Co-investigator

Funding Agency: American Academy of Family Physicians (AAFP)

Award: Joint Grant Awards Program (JGAP), \$31,012

Dates: June 19<sup>th</sup>, 2012 – June 18<sup>th</sup>, 2013

Title: Effect of High School Intervention Program on Students' Posttraumatic Growth

Role: Primary Investigator

Funding Agency: Oakland University

Award: Faculty Research Fellowship (Internal Grant), \$9,500

Dates: May 1<sup>st</sup>, 2012 – April 30<sup>th</sup>, 2013

Title: The Influence of Social Expectation and Interpersonal Context on Posttraumatic Growth

Role: Primary Investigator

Funding Agency: Oakland University

Award: Faculty Research Fellowship (Internal Grant), \$8,500

Dates: May 1<sup>st</sup>, 2010 – April 30<sup>th</sup>, 2011

## Honors, Awards, and other Recognition

April 14<sup>th</sup>, 2010. Honored at the 15<sup>th</sup> Annual Faculty Recognition Luncheon in the area of Research, Oakland University

January, 2011. Nominated for the 16<sup>th</sup> Annual Faculty Recognition in the area of Teaching, Oakland University

December, 2011. Received \$350 as Books, Reprints, and Page Charge Reimbursements (internal grant) from Oakland University Research Committee.

January, 2012. Nominated for the 17<sup>th</sup> Annual Faculty Recognition in the area of Teaching, Oakland University

## Inventories cited in Book

Japanese version of the Posttraumatic Growth Inventory (PTGI-J). (2011). In H. Hori, Y. Matsui, & S. Miyamoto. (Eds.), *Shinri Sokutei Shiyakudoshiryuu 6* (Collection of Psychological Assessment/Measurement), pp.155-159. Saiensu'sha Co., Ltd. Publisher, Japan.

Japanese version of the Posttraumatic Growth Inventory (PTGI-J). (2011). PsycTests data base published by the American Psychological Association (APA).

## Conference Presentations: Symposium

Taku, K. (2014, November planned). *Experiences of personal growth resulting from trauma: Posttraumatic growth.* Symposium paper for panel discussion is currently under review to be presented in S. Saito, K. Yoshida, and Ito's (Co-chair), what psychology did and gained through major catastrophe, at the 56<sup>th</sup> Japanese Association of Educational Psychology, Kobe, Japan.

Taku, K. (2014, May planned). *Assessing the spiritual growth as a part of posttraumatic growth.*

Symposium paper is currently under review to be presented in K. Taku and D. Nishi's (Co-chair), Research on posttraumatic growth, future directions, and implications for clinical work, at the 13<sup>th</sup> annual meeting of the Japanese Society for Traumatic Stress Studies (JSTSS), Fukushima, Japan.

Taku, K. (2012, August). *Cross-cultural differences in the perceived favorability of posttraumatic growth experiences.* Symposium paper presented in R. G. Tedeschi (Chair), Similarities and differences in posttraumatic growth across cultures, at the 120<sup>th</sup> annual convention of the American Psychological Association (APA), Orlando, FL.

Taku, K. (2009, March). *Possible explanations for positive and negative experiences resulting from trauma.* Symposium paper presented in N. Asukai and K. Taku's (Co-chair), Research on posttraumatic growth: Clinical implications and future directions, at the 8th annual meeting of the Japanese Society for Traumatic Stress Studies (JSTSS), Tokyo, Japan.

Taku, K. (2008, November). *Posttraumatic growth among Japanese middle school students*. Symposium paper presented in R. P. Kilmer's (Chair), Examining posttraumatic growth in children and youth: Cross-cultural findings, at the 24th annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.

Taku, K. (2006, November). *The Japanese version of the posttraumatic growth inventory*. Symposium paper presented in L. G. Calhoun's (Chair), The assessment of posttraumatic growth in different cultural contexts, at the 22nd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Hollywood, CA.

## Conference Presentations: Oral and Poster Presentations

Taku, K., McGuire, K., & Elam, S. G. (2014, August planned). Effects of priming the shared traumatic experiences on posttraumatic growth. Study abstract has been accepted for poster session to be presented at the 122<sup>nd</sup> annual convention of the American Psychological Association (APA), 1 – General Psychology Division, Washington, DC.

Taku, K., Tedeschi, R. G., Cann, A., & Calhoun, L. G. (2014, August planned). Core beliefs, rumination, and posttraumatic growth resulting from earthquake in Japan. Study abstract has been accepted for poster session to be presented at the 122<sup>nd</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Division, Washington, DC.

Tedeschi, R. G., Taku, K., Cann, A., & Calhoun, L. G. (2014, August planned). Spiritual and existential posttraumatic growth in Japan and in the United States. Study abstract has been accepted for poster session to be presented at the 122<sup>nd</sup> annual convention of the American Psychological Association (APA), 67 – Religion Division, Washington, DC.

Britton, M., McGuire, K., LaLonde, L., & Taku, K. (2014, February). The combined role of gender and religiosity on the self-esteem of American adolescents. Paper presented at the 120<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Rochester, MI.

Elam, S., McGuire, K., & Taku, K. (2014, February). Cross-cultural comparisons of the awareness of posttraumatic growth on positive psychological change among American and Japanese adolescents. Paper presented at the 120<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Rochester, MI.

Taku, K., Elam, S. G., & Sawa, M. S. (2013, November). Influence of resilience and posttraumatic growth on burnout in healthcare physicians. Poster session presented at the 29<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Philadelphia, PA.

Taku, K. (2013, May). Within-individual variability as an index of posttraumatic growth. Poster session presented at the 85<sup>th</sup> annual meeting of the Midwestern Psychological Association, Chicago, IL.

Taku, K., Thomas, I., Elam, S. G., & McGuire, K. L. (2013, May). Linguistic variances associated with psychological growth: Effect of collectivistic and individualistic climates. Poster session presented at the 85<sup>th</sup> annual meeting of the Midwestern Psychological Association, Chicago, IL.

Taku, K. (2012, November). Posttraumatic Growth. Keynote speech was presented at the interdisciplinary, cross-cultural, social service exchange conference, “Trauma, Resiliency, & Kokoro wo hiraku,” Chicago, IL.

Taku, K., Pierson, V. J., & Sawa, M. S. (2012, August). Subjective definitions of growth and religions correlate with posttraumatic growth. Paper presented at the 120<sup>th</sup> annual convention of the American Psychological Association (APA) , 56 – Trauma Psychology Division, Orlando, FL.

Eckleberry-Hunt, J., Kirkpatrick, H., Taku, K., Hunt, R., Vasappa, R., & Essian, J. (2012, April). What makes a physician well: Development of the Physician Wellness Inventory. Paper presented at the 45<sup>th</sup> Society of Teachers of Family Medicine (STFM) annual spring conference, Seattle, WA.

Taku, K., Pierson, V. J., Callan, S. P., & Butler, T. C. (2011, August). Gender and cross-cultural differences in personal strength: Roles of optimism and self-defined growth. Poster session presented at the 119<sup>th</sup> annual convention of the American Psychological Association (APA), 1 – Society for General Psychology Division, Washington, DC.

Taku, K., Rogers, L., Yanos, B. R., & Callan, S. P. (2011, August). Social encouragement for growth correlates with posttraumatic growth among bereaved college students. Poster session presented at the 119<sup>th</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Washington, DC.

Taku, K., Rogers, L., Butler, T. C., Yanos, B. R., & Callan, S. P. (2011, March). Exploring posttraumatic growth: Do additional domains exist? Paper presented at the 117<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Saginaw, MI.

Taku, K., Yanos, B. R., Pierson, V. J. (2011, March). Posttraumatic growth varying in event type: A cross-cultural study. Paper presented at the 117<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Saginaw, MI.

Phillips, M., & Taku, K. (2010, August). Domains of posttraumatic growth correlates with changes in alcohol use. Poster session presented at the 118<sup>th</sup> annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, San Diego, CA.

Taku, K., Callan, S. P., & Phillips, M. (2010, August). Faith, age, and stress associates with spirituality of posttraumatic growth. Poster session presented at the 118<sup>th</sup> annual convention of the American Psychological Association (APA), 36 – Religion Division, San Diego, CA.

Lewitzke, K., LaFramboise, A., & Taku, K. (2010, March). Cross-cultural examination in posttraumatic growth: Comparison of parental divorce versus loss of immediate family member. Paper presented at the 116<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Grand Rapids, MI.

Wrobel, N. C., & Taku, K. (2010, March). Predicting structural equation modeling use through article characteristics. Paper presented at the 116<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Grand Rapids, MI.

Taku, K., Kilmer, R. P., & Phillips, M. S. (2009, November). *Assessing concordance between student and teacher ratings of posttraumatic growth in Japanese youth*. Poster session presented at the 25<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, GA.

Taku, K., & Phillips, M. S. (2009, November). *Frequencies of posttraumatic growth experiences among Japanese university students*. Poster session presented at the 25th annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, GA.

Taku, K., Kilmer, R. P., & Trevorrow, B. N. (2009, August). *Association between event-related rumination and posttraumatic growth in Japanese youth*. Poster session presented at the 117th annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Toronto, Canada.

Kelly, J. M., Clark, C. R., Gambino, M. L., Maguire, K. L., Taku, K., & Stewart, R. B. (2009, May). *Effects of savoring and psychological well-being on satisfaction with life*. Poster session presented at the 21st annual convention of the Association for Psychological Science (APS), San Francisco, CA.

Taku, K., Andreski, S. R., & Kilmer, R. P. (2009, March). *Perceived competence correlates with posttraumatic growth in Japanese adolescents*. Poster session presented at the 115<sup>th</sup> Michigan Academy of Science, Arts, & Letters Annual Meetings, Detroit, MI.

Taku, K. (2009, March). *Meaning making in posttraumatic growth process*. Poster session presented at the 8th annual meeting of the Japanese Society for Traumatic Stress Studies (JSTSS), Tokyo, Japan.

Taku, K., Cann, A., Calhoun, L. G., & Tedeschi, R. G. (2008, November). *Testing the factorial equivalencies of the rumination items across a U.S. and Japanese samples*. Poster session presented at the 24th annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.

Taku, K., Vishnevsky, T., Cann, A., Kilmer, R. P., Tedeschi, R. G., & Calhoun, L. G. (2008, August). *Perceived responsibility correlates with posttraumatic growth in Japanese youth*. Poster session presented at the 116th annual convention of the American Psychological Association (APA), 52 – International Psychology Division, Boston, MA.

Vishnevsky, T., Lindstrom, C. M., Cann, A., Tedeschi, R. G., Calhoun, L. G., & Taku, K. (2008, August). *Core beliefs inventory: Effects of trauma on assumptive world beliefs*. Poster session presented at the 116th annual convention of the American Psychological Association (APA), 56 – Trauma Psychology Division, Boston, MA.

Taku, K., Calhoun, L. G., Kilmer, R. P., & Tedeschi, R. G. (2008, March). *Posttraumatic growth and non-traumatic growth in Japanese youth*. Paper session presented at the 54th annual meeting of the Southeastern Psychological Association (SEPA), Charlotte, NC.

Taku, K., Kilmer, R. P., Tedeschi, R. G., & Calhoun, L. G. (2007, November). *Using school programming to help Japanese youth recognize posttraumatic growth*. Poster session presented at the 23rd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Baltimore, MD.

Taku, K., Cann, A., Calhoun, L. G., Tedeschi, R. G., & Lindstrom, C. (2007, November). *Willingness to disclose, posttraumatic growth, and rumination in Japanese students*. Poster session presented at the 23rd annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Baltimore, MD.

Taku, K., Calhoun, L. G., Tedeschi, R. G., Kilmer, R. P., Gil-Rivas, V., & Cann, A. (2006, November). *Recipients' responsiveness correlates with posttraumatic growth in Japanese university students*. Poster session presented at the 22nd Annual of the International Society for Traumatic Stress Studies Meeting (ISTSS), Hollywood, LA.

Taku, K., Calhoun, L. G., Tedeschi, R. G., Cann, A., Kilmer, R. P., & Gil-Rivas, V. (2006, August). *Posttraumatic growth and cognitive processing in Japanese university students*. Poster session presented at the 114th Convention of the American Psychological Association (APA), 52- International Psychology Division, New Orleans, LA.

Taku, K., Calhoun, L. G., Tedeschi, R. G., & Cann, A. (2006, May). *Self-disclosure of stressful experiences correlates with growth in Japanese university students*. Poster session presented at the 18th Annual Convention of the Association for Psychological Science (APS), New York, NY.

Taku, K. (2004). *Examining a feeling of self-growth resulting from stress among high school students: The relationships with the degree of solving the stress*. Poster session presented at the 17th Annual Conference of the Japanese Association of Health Psychology, 420-421, Tokyo, Japan.

Taku, K. (2003). *The effect of stress experiences on the feeling of self-growth in junior high school students: An analysis of open-ended questions about making positive and negative meanings of stress experiences*. Poster session presented at the 45th Annual Conference of Japanese Association of Educational Psychology, 238, Osaka, Japan.

Taku, K. (2002). *The influences of stress experiences on the ego developmental process: A case study of a female high school student who produced the narrative about positive meanings of her stress experiences*. Poster session presented at the 15th Annual Conference of the Japanese Association of Health Psychology, 146-147, Tokyo, Japan.

Taku, K. (1999). *The influences of stress coping strategies on a sense of fulfillment and helplessness*. Paper presented at the 12th Annual Conference of the Japanese Association of Health Psychology, 162-163, Okayama, Japan.

Taku, K. (1998). *Time stability of perceived stress coping strategy*. Poster session presented at the 62nd Annual Conference of Japanese Psychological Association, 409, Tokyo, Japan.

Hamaguchi, Y., Kasai, T., Taku, K., & Mochizuki, H. (1998). *Consciousness of bullying among elementary school and junior high school students II: Relationships between the permissible degree of bullying and coping in a bullying situation*. Poster session presented at the 40th Annual Conference of Japanese Association of Educational Psychology, 103, Japan.

Mito, S., Mochizuki, H., Taku, K., & Nakazawa, J. (1998). *Consciousness of bullying among elementary school and junior high school students I: Factor structure of the permissible degree of bullying*.

Poster session presented at the 40th Annual Conference of Japanese Association of Educational Psychology, 102, Japan.

Taku, K., & Hamaguchi, Y. (1997). *The relationships between stress coping and perception toward reorganization of classes*. Poster session presented at the 61st Annual Conference of Japanese Psychological Association, 362, Japan.

Taku, K. (1996). *Manifestation of the psychological problems among Japanese middle school and high school students: The relationships between impulsive behaviors and irritability*. Paper presented at the 38th Annual Conference of Japanese Association of Educational Psychology, 229, Tsukuba, Japan.

Saito, S., Saito, M., Yoshida, K., Yanagihara, R., Shinto, T., Nogami, N., Matsuda, N., Yamaguchi, M., Sumitomo, I., Masui, R., & Taku, K. (1996). *Study 1 on the psychological effects of the Great Hanshin-Awaji Earthquake*. Paper presented at the 38th Annual Conference of Japanese Association of Educational Psychology, 525, Tsukuba, Japan.

Sato, M., Saito, S., Yoshida, K., Yanagihara, R., Shinto, T., Nogami, N., Matsuda, N., Yamaguchi, M., Sumitomo, I., Masui, R., & Taku, K. (1996). *Study 2 on the psychological effects of the Great Hanshin-Awaji Earthquake*. Paper presented at the 38th Annual Conference of Japanese Association of Educational Psychology, 526, Tsukuba, Japan.

## Teaching Experiences

Assistant Professor, Psychology Department, Oakland University (2008 to present)

- PSY245 Introduction to Individual Differences and Personality Psychology (2009 Winter, 2010 Winter, 2011 Winter, and 2011 Summer, 2013 Summer, 2013 Fall, and 2014 Winter)
- PSY251 Statistics and Research Design (2008 Fall, 2009 Winter and Fall, 2010 Fall, 2011 Fall, 2012 Winter and Fall, 2013 Winter and Fall, and 2014 Winter)
- PSY362: Statistical Analysis on Computers (2009 Fall, 2011 Winter and Fall, 2012 Winter, and 2013 Winter)
- PSY445 Seminar in Individual Differences and Personality Psychology (2008 Fall, 2010 Winter and Fall, and 2012 Fall)

Part-time Instructor, Psychology Department, University of North Carolina at Charlotte (2006 - 2008)

- PSY3001 Topics in Psychology: Cross-Cultural Psychology (2007 Fall and 2008 Spring)
- PSY3123 Social and Personality Development (2006 Fall, 2007 Spring, and 2007 Fall)

Part-time Instructor, Tokai College of Health Related Professions, Nagoya, Japan (2002 - 2003)

Part-time Instructor, Aichi Prefectural School of Aichi Nursing, Aichi, Japan (2000)

Part-time Instructor, Tokai College of Medical Engineering, Aichi, Japan (1999 - 2001)

Teaching Assistant, Department of Psychology and Human Developmental Sciences, Nagoya University, Nagoya, Japan

## Service Activities

Ad hoc reviewer for *Journal of Traumatic Stress*

Ad hoc reviewer for *Anxiety, Stress, and Coping*

Ad hoc review for *Disability and Rehabilitation*  
Ad hoc review for *American Journal of Orthopsychiatry*  
Ad hoc review for *Psycho-Oncology*  
Ad hoc review for *BioPsychoSocial Medicine*  
Ad hoc review for *Personality and Individual Differences*  
Ad hoc review for *Humor*  
Ad hoc review for *Journal of Social and Clinical Psychology*  
Ad hoc reviewer for *Journal of Family Issues*  
Ad hoc reviewer for *Japanese Journal of Research on Emotions*  
Ad hoc reviewer for *Disability Studies Quarterly*  
Ad hoc reviewer for *Hellenic Journal of Psychology*  
Ad hoc reviewer for *Japanese Psychological Research*  
Ad hoc reviewer for *Japanese Journal of Psychology*  
Ad hoc reviewer for *Stress and Health*  
Ad hoc reviewer for *Journal of Applied Developmental Psychology*  
Ad hoc reviewer for *Journal of Cross-Cultural Psychology*  
Reviewer for *Czech Science Foundation Grant Proposal (CSF – Grant Agency in Czech Republic)*  
Reviewer for *Austrian Science Fund (FWF)*  
Reviewer for program submissions for the International Counseling Psychology Conference, 2008  
External masters' thesis committee member for a graduate student at Department of Psychology, Eastern Michigan University (Natalie Nugent, entitled "Action facilitated growth: Do active cognitive processes influence posttraumatic growth?")  
Editorial Board member for *Evolutionary Psychology*  
Participation in the new *National Institutes of Health Early Career Reviewer Program* run by the *Center for Scientific Review (CSR)*

## **Professional Experiences**

### **1. Clinical Psychologist in a medical institution and a counseling center**

2003 - 2005 Center for Psychotherapy and Counseling, Rishsho University, Tokyo, Japan  
2001 - 2003 Nagoya City Mental Health and Welfare Center, Nagoya, Japan  
1999 - 2002 Psychiatry and Neurology in University Hospital, Aichi Medical University, Aichi, Japan  
1999 - 2001 Formerly of the Educational Counseling Center, Nagoya, Japan

### **2. School Psychologist/ School Counselor in junior high schools and high schools**

2003 - 2005 Tokyo Metropolitan Itabashi 3rd Junior High School, Tokyo, Japan  
2002 - 2003 Nagoya Public Yamada Junior High School, Nagoya, Japan  
2000 - 2002 Aichi Prefectural Iwadzu Senior High School, Aichi, Japan  
1999 - 2003 Nagoya Public Meito Senior High School, Aichi, Japan

## Professional Affiliations

2012-2013: Midwestern Psychological Association (MPA)  
 2010 – Present: Michigan Academy of Science, Arts and Letters  
 2010 – Present: American Psychological Association (APA)  
 2009 – Present: Japanese Society for Traumatic Stress Studies (JSTSS)  
 2006 – Present: International Society for Traumatic Stress Studies (ISTSS)  
 2004 – 2007: International Network on Personal Meaning  
 2002 – Present: Tokyo Society of Certified Clinical Psychologist  
 2000 – Present: Japan Society of Certified Clinical Psychologists  
 1999 – Present: Association of Japanese Clinical Psychology  
 1997 – 2009: Japanese Association of Health Psychology  
 1997 – Present: Japanese Psychological Association  
 1996 – 2009: Japanese Association of Educational Psychology

## Current Research Interests

Process and Outcome of Posttraumatic Growth and Life-Long Development  
 Emotional and Cognitive Processing Following Trauma and Stressful Life Events  
 Cultural Influences on Trauma-Related Beliefs, Attitudes, and Behaviors  
 Cross-Cultural Aspects of Posttraumatic Growth

## Supervised Students' Research Presentation/Publication

Elam, S., & McGuire, K. L. (2013). The influence of disclosure and religiosity on the posttraumatic growth of bereaved adolescents. *Meeting of Minds Journal of Undergraduate Research*, 15.

McGuire, K. L., & Elam, S. G. (2013). Romantic relationship dissolutions: Assessing posttraumatic growth cross-culturally between American and Japanese undergraduate students. *Meeting of Minds Journal of Undergraduate Research*, 15.

Thomas, I. (2013). Posttraumatic growth and medical pathological conditions: Examining the role of illness perception in college students. *Meeting of Minds Journal of Undergraduate Research*, 15.

Elam, S., & McGuire, K. (2013, May). The influence of disclosure and religiosity on the posttraumatic growth of bereaved adolescents. Oral session presented at the 21<sup>st</sup> Meeting of Minds.

McGuire, K., & Elam, S. (2013, May). Romantic relationship dissolutions: Assessing posttraumatic growth cross-culturally between American and Japanese undergraduate students. Poster session presented at the 21<sup>st</sup> Meeting of Minds.

Thomas, I., & McGuire, K. (2013, May). A matter of perception: Contrasting posttraumatic growth in temporary and permanent medical pathologies of American college students. Poster session presented at the 21<sup>st</sup> Meeting of Minds.

Elam, S., McGuire, K., & Waris, I. (2013, May). Comparisons of impactful life events among adolescents in Japan and the United States. Poster session presentation at the 85<sup>th</sup> annual meeting of the Midwestern Psychological Association (Psi Chi), Chicago, IL.

McGuire, K., Thomas, I., Elam, S., & Boulos, A. (2013, April). Examining posttraumatic growth in adolescents: A cross-cultural comparison of Japanese and American high school students. Research presentation at Psi Chi Research Colloquium, Oakland University, MI.

Crispin, C., & Sawa, M. S. (2012). The effect of disclosure on Relating to Others domain of posttraumatic growth. *Meeting of Minds Journal of Undergraduate Research, 14*.

Sawa, M.S., & Pierson, V. J. (2012). Religious strength and posttraumatic growth: Examining the effect of alcohol consumption in college students. *Meeting of Minds Journal of Undergraduate Research, 14*

Crispin, C. C., Sawa, M. S., & Pierson, V. J. (2012, May). Does relationship status foster disclosure?: A cross cultural insight on the effects of gender and relationship status on disclosure. Poster session presented at the 20<sup>th</sup> Meeting of Minds.

Sawa, M. S., Theys, E. R., Crispin, C. C., & Pierson, V. J. (2012, May). Pathway to posttraumatic growth: How religious strength and alcohol consumption influence growth. Poster session presented at the 20<sup>th</sup> Meeting of Minds.

Theys, E. R., Sawa, M. S., & Pierson, V. J. (2012, May). Financial and workplace problems as a possible trigger for growth: A cross-cultural look. Poster session presented at the 20<sup>th</sup> Meeting of Minds.

Yanos, B. R. (2011). Posttraumatic growth and perceived changes in physical health: Exploring events triggering lifestyle change. *Meeting of Minds Journal of Undergraduate Research, 13*.

Nagorka, J., & Rogers, L. (2011, May). Assessing degrees of growth with the Posttraumatic Growth Inventory: A literature review and analysis. Poster session presented at the 19<sup>th</sup> Meeting of Minds.

Pierson, V. J., Butler, T. C., & Callan, S. P. (2011, May). Social aspects of posttraumatic growth: How disclosure and satisfaction facilitates a greater feeling of relating to others. Poster session presented at the 19<sup>th</sup> Meeting of Minds.

Yanos, B. R., & Nagorka, J. (2011, May). Posttraumatic growth and perceived changes in physical health: Exploring events triggering lifestyle change. Poster session presented at the 19<sup>th</sup> Meeting of Minds.

Jarrell, L. (2010). Posttraumatic growth, perceived directness of traumatic events, and religious strength among students. *Meeting of Minds Journal of Undergraduate Research, 12*.

Rogers, L., Callan S., & Phillips, M. S. (2010). The effects of living arrangement and nation on posttraumatic growth. *Meeting of Minds Journal of Undergraduate Research, 12*.

Yanos, B. R., Phillips, M. S., & Rogers, L. (2010). Differences between the most experienced traumatic events on posttraumatic growth. *Meeting of Minds Journal of Undergraduate Research, 12*.

Pierson, V. J. (2010, September). *Personal strengths resulting from trauma: The United States and Japan's contrasting views on positive change and personal growth*. Poster session presented at the New Student Convocation 2010.

Callan, S., Phillips, M. S., Rogers, L. (2010, May). Different factor structures: Discrepancy between American and Japanese understandings of posttraumatic growth. Poster session presented at the 18<sup>th</sup> Meeting of Minds.

Jarrell, L., Callan, S., LaFramboise, A., Phillips, M. S. (2010, May). Posttraumatic growth and perceived directness of traumatic events among students who report different levels of religious strength. Poster session presented at the 18<sup>th</sup> Meeting of Minds.

LaFramboise, A. (2010, May). A literature review of the Posttraumatic Growth Inventory: Examining the use of total scores and subscale scores. Poster session presented at the 18<sup>th</sup> Meeting of Minds.

Phillips, M. S. & Callan, S. (2010, May). Positive health changes in relation to posttraumatic growth. Poster session presented at the 18<sup>th</sup> Meeting of Minds.

Rogers, L., Callan, S., & Phillips, M. S. (2010, May). Where you live and where you're from: The effects of living arrangement and nation on posttraumatic growth. Poster session presented at the 18<sup>th</sup> Meeting of Minds.

Yanos, B., Phillips, M. S., Callan, S., & Rogers, L. (2010, May). Effects of the most common traumatic events on posttraumatic growth: Death, romantic relationship problems, and family issues. Poster session presented at the 18<sup>th</sup> Meeting of Minds.

Lewitzke, K. A. (2009). Examining level of optimism with nation differences and posttraumatic growth. *Meeting of Minds Journal of Undergraduate Research*, 11, 116-121.

Phillips, M. S. (2009). Posttraumatic growth and perceived directness of a traumatic event in American and Japanese university students. *Meeting of Minds Journal of Undergraduate Research*, 11, 110-115.

Wrobel, N. (2009). Reviewing three decades worth of statistical advancements in industrial-organizational psychological research. *Meeting of Minds Journal of Undergraduate Research*, 11, 95-100.

Lewitzke, K. A., & Taku, K. (2009, September). *Different Cultures, Different Results: Do women experience a positive change after crisis more than men?* Poster session presented at the New Student Convocation 2009.

Wrobel, N. (2009, September). *Could younger researchers be responsible for statistical analysis of older researchers?* Poster session presented at the New Student Convocation 2009.

Craite, J., & Lewitzke, K. A. (2009, May). *Posttraumatic growth as a benefit of breast cancer.* Poster session presented at the 17<sup>th</sup> Meetings of Minds.

Lewitzke, K. A., & Wrobel, N. (2009, May). *Examining level of optimism with nation differences and posttraumatic growth.* Paper session presented at the 17<sup>th</sup> Meetings of Minds.

Phillips, M. S., & Trevorrow, B. N. (2009, May). *Perceived directness and posttraumatic growth in American and Japanese university students.* Poster session presented at the 17<sup>th</sup> Meetings of Minds.

Trevorrow, B. N., & Phillips, M. S. (2009, May). *Relation of death and its association to posttraumatic growth among U.S. college students.* Poster session presented at the 17<sup>th</sup> Meetings of Minds.

Wrobel, N. (2009, May). *Reviewing three decades worth of statistical advancements in industrial-organizational psychological research.* Paper session presented at the 17<sup>th</sup> Meetings of Minds.

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